At Seattle Cancer Care Alliance, every patient, every life matters.

Our dedicated nurses are a driving force making SCCA a global leader in the prevention, treatment and cure of cancer.

SCCA nurses rank among leading experts in oncology. Our world-class cancer treatment center unites Fred Hutch, UW Medicine and Seattle Children’s. Our nurses provide exceptional patient and family-centered care as they coordinate and assist in individualized treatment. They integrate care with support for the research and development of innovative therapies.

Embarking with each patient on a journey through cancer treatment and survival, our compassionate nurses walk hand-in-hand in courage and hope with each individual to ensure the best possible patient outcome.

SCCA nurses are vital to the journey of cancer care.

TURNING CANCER PATIENTS INTO CANCER SURVIVORS.
Contents

Message from Chief Nurse Executive Angelique Richard ......................................................... 4

STRUCTURAL EMPOWERMENT ........................................................................................................ 5
Getting a Head Start on Lung Cancer .......................................................................................... 6
Community Outreach ....................................................................................................................... 7

EXEMPLARY PROFESSIONAL PRACTICE .................................................................................... 9
Supporting Patients After Active Treatment .............................................................................. 10
A Team Approach to Palliative Care .............................................................................................. 12
SCCA Nurses Lead the Way on Bone Marrow Procedure .......................................................... 13
Nurses as Teachers: Helping Train the Next Generation of Nurses ........................................ 14

KNOWLEDGE, INNOVATIONS, & IMPROVEMENTS ................................................................ 15
Nurses Support Computerized Provider Order Entry Launch .................................................. 16
Nursing Research: Breast Cancer Surveillance Study ................................................................. 18
Active Institutional Protocols for Nursing Research .................................................................... 18
Northwest Hospital Nurses Continuously Improve the Patient Experience ................................ 19

TRANSFORMATIONAL LEADERSHIP .................................................................................... 21
SCCA Nurse Joins International Leadership Board .................................................................... 22
Puget Sound Oncology Nursing Society Leadership .................................................................. 23
2015–2018 Nursing Strategic Plan .............................................................................................. 24
Quarterly Town Halls .................................................................................................................... 24
National Conferences .................................................................................................................. 24
Future of Oncology Nursing Scholarship ................................................................................... 26
Peggy Means Award ......................................................................................................................... 26
Harold and John Steinberg Memorial Nursing Scholarship Fund ........................................... 26
Honor and Award Recipients ......................................................................................................... 27
Nurses Week 2015 ........................................................................................................................ 28
SCCA Certified Nurses .................................................................................................................... 30
As I approach my one-year anniversary at Seattle Cancer Care Alliance I find myself reflecting on many things. How fortunate I am to be a part of such a game-changing organization. How humbling it is to work with such a supremely talented group of people. How optimistic I feel about what we are building together.

But more powerful than all of those feelings, is the renewed sense of pride I feel in the simple fact that I am a nurse.

Watching our nurses at work—and hearing daily how their work has had such a meaningful impact in the lives of our patients and their families—has rekindled that sense of “calling” I felt when first deciding to become a nurse (too many) years ago.

Like our world-renowned physicians and researchers, SCCA’s nurses set a world-class standard in their field, and a very high bar across an incredibly diverse range of professional skills.

Our nurses bring a unique kind of compassion to their work, rooted in a profound understanding of the very human challenge our patients and their families are going through. They provide a depth of knowledge and insight that ensures our patients are well educated about the prevention and care of cancer, and empowered to make the best decisions before, during and well after recovery from cancer. And they push the boundaries of medicine and treatment—from the early diagnosis of lung cancer, to performance of bone marrow biopsies.

They are the personal guides to our patients, their families, and even our region in how to prevent, treat and recover from cancer.

They strive for nursing excellence because they demand that level of performance from themselves, each other, and the rest of us.

SCCA has always known that nurses are the backbone of our patient care, and, because of that, we have had a historic commitment to nurses practicing at the top of their license. That commitment is even stronger today, as we have developed our first ever Three-year Nursing Strategic Plan. It is intended to provide even more resources for professional growth and development in all the areas our nurses make a difference—including a deepening partnership between our nurses and the schools of nursing in our region to ensure that the best and brightest students will become oncology nurses.

This First Annual Report on Nursing (2014-15) is our effort to illustrate the spirit and passion our nurses bring to their work every day. To reflect on the commitment to excellence they bring to the practice of nursing. To acknowledge the incredible gratitude countless patients and families have expressed for the nurses who have touched and transformed their lives. And to express some gratitude of our own.

The future of nursing is bright at SCCA, and I am honored, excited and truly thankful to be a part of the SCCA nursing team.

The Journey Continues...
With **STRUCTURAL EMPOWERMENT**, SCCA nurses are committed to continual learning and educational and career advancement.

**SHARED GOVERNANCE AND PROCESSES** are part of the nursing strategic plan, which empower nurses to practice in a professional manner to achieve the highest degree of excellence and professional fulfillment.

Our nurses develop **STRONG PARTNERSHIPS WITH COMMUNITY** organizations to improve patient outcomes and advance the health of the communities they serve.
Getting a Head Start on Lung Cancer

The majority of lung cancers are not diagnosed until they are at an advanced stage and by the time patients begin to notice symptoms, it is often too late for the most effective treatments. SCCA’s Lung Cancer Early Detection & Prevention Clinic (LCEDPC) aims to prevent and diagnose lung cancer at its earliest stages—goals advanced nurse practitioner Maria Rahardja, DNP, ARNP, supports through education, early diagnosis, and treatment.

The best part about SCCA’s LCEDPC is its multidisciplinary Nodule Board, according to Rahardja. “Most patients who come to this clinic are often very worried about lung cancer,” she said.

The Nodule Board includes a chest radiologist, thoracic surgeons, pulmonologists, a pulmonary fellow, a research coordinator, a patient care coordinator, and Rahardja. Before patients arrive for their appointments, the Nodule Board members meet, review their cases, and make a plan for each patient.

As the only nurse practitioner in the clinic, Rahardja sees a range of patients, from those who are concerned about lung nodules to the worried well. She works alongside David Madtes, MD; Guang-Shing Cheng, MD; Jason Chien, MD; McGarry Houghton, MD; and pulmonary fellows from UW Medical Center who rotate throughout the year.

Rahardja’s duties are often clinical, but are also educational. She assists in procedures like endobronchial ultrasound and navigational bronchoscopy. She also teaches patients about their risk factors for lung cancer and encourages smokers to quit by directing them to SCCA’s Living Tobacco-Free Services.

“We diagnose lung cancer quite a bit at the Lung Cancer Early Detection & Prevention Clinic, but most patients really appreciate us being there and the worried well are usually less worried when they leave our clinic. We provide them some peace of mind.”

– Maria Rahardja, DNP, ARNP
Seattle Brain Cancer Walk

Community Outreach

SCCA nurses’ commitment to advancing the standard of cancer care is not limited to the walls of the clinic. Our nurses participate in several community events throughout the year that raise awareness and funds for cancer research, reflecting their commitment to a healthier community.

SEATTLE BRAIN CANCER WALK

The annual Seattle Brain Cancer Walk takes place each May, and is a day of support and hope for those battling brain cancer and their families. The walk generates research funding to improve the prognosis for brain tumor patients in the Pacific Northwest.

This year, SCCA nurses honored one of its most beloved SCCA pioneer transplant nurse Eileen Sue Rossman, pictured above center.

Nurses marched in tribute to Rossman, who died April 5, 2014, after a 19-month battle with glioblastoma brain cancer in Seattle. Rossman joined Fred Hutchinson Cancer Center as a bone marrow transplant nurse in the 1970s and then continued on with Seattle Cancer Care Alliance, where she served for 38 years. Rossman had participated in the march since its inception to raise awareness and support patients and their families.

LIGHT THE NIGHT WALK

Light the Night Walks take place each fall across the United States. The events aim to shine a light on the importance of finding cures and providing access to treatments for blood cancer patients. SCCA nurses participated in the Seattle Light the Night Walk, during which participants carry illuminated lanterns in honor of survivors, supporters, and loved ones lost to blood cancer. The two Light the Night Walks in the Puget Sound region that took place in fall 2014 raised more than $530,000.
Community Outreach continued

SARCOMA DRAGONSAYER WALK
The Northwest Sarcoma Foundation’s Dragonslayer Walk takes place in April at Green Lake Park and supports sarcoma awareness and research. The SCCA Sarc Sharks team consistently has more than 40 members, including SCCA’s sarcoma nurses and staff members. The event helps fund the foundation’s mission of providing hope, education, and support to sarcoma patients and their families.

PINEAPPLE CLASSIC 5K
The Winter Pineapple Classic is an annual family friendly 5K in which teams of participants navigate obstacles such as climbing walls and going down slip ‘n slides, all while carrying a pineapple. The event takes place each November in Seattle, and raises money for blood cancer research and patient services.
EXEMPLARY PROFESSIONAL PRACTICE

Achievement of SCCA’s EXEMPLARY PROFESSIONAL PRACTICE is deeply rooted in its COLLABORATION, quality, safety, and BEST PRACTICES to achieve extraordinary results for high-quality patient outcomes.

Our nurses partner with patients, families, and support systems to positively impact patient care through EFFECTIVE AND EFFICIENT care services.
Supporting Patients After Active Treatment

SCCA nurses are attuned to even the smallest details when it comes to the health of their patients—this is true during diagnosis and treatment, but also in what happens after patients’ treatment is over. Whether a patient is dealing with side effects from treatment or coping with the worry and risk of recurrence, SCCA has two programs to support survivors that are run and managed by our dedicated nurses.

THE LONG-TERM FOLLOW-UP (LTFU) CLINIC

The LTFU Clinic offers lifelong monitoring and follow up for people who have had a bone marrow or stem cell transplant at SCCA. The program is one of the longest-running transplant survivorship support services in the country and is a model for other transplant centers. SCCA nurses provide telemedicine support once a transplant patient returns to their primary physician’s care. This may be as simple as answering a question from the standard practice guidelines to discussing more complex issues with attending physicians at SCCA during rounds three times a week. SCCA LTFU nurses also provide a weekly support group and a departure class for transplant patients being released from SCCA care.

There is also a research side to LTFU. Since the program began in the 1970s, an annual questionnaire has been sent out to LTFU patients, who now number almost 5,500. “A wealth of data has been collected, which is used by researchers to better understand late effects, quality of life, and improve transplants,” said Anne Chafee, RN, BA, one of the four nurses who manage the program.

“Our transplant patients have excellent survival statistics,” Chafee said, which she believes is related to the ongoing access to care for patients and their physicians. “LTFU is a remarkable service.”
THE SURVIVORSHIP CLINIC

Cancer and its treatment can result in some potentially long-lasting or late-onset effects. The SCCA Survivorship Clinic addresses various problems cancer survivors may face after therapy ends. These include pain, fatigue, fear of recurrence, living with uncertainty, neuropathy, lymphedema, bone loss, sexual dysfunction, cardiovascular disease, memory issues, and future cancer risk.

During their visit, survivors receive a Treatment Summary and Survivorship Care Plan, which include the details of their disease, test results, and treatments, as well as directions for preventive care. They discuss how to assess and manage late complications or issues they may be experiencing and develop a plan to support their future health.

Survivorship Clinic providers Leslie Heron, ARNP, and Debra Loacker, RN, conduct community outreach and patient, staff, and provider education on survivorship locally and nationally. This past year, they also collaborated with Seattle Children’s to ensure a smoother transition from pediatric to adult survivorship care. Heron said the clinic’s relationships with community providers allow patients to be referred out into the community and given specific resources for where they live. The clinic is open to all cancer survivors, regardless of whether they were treated at SCCA, and has seen patients from all over the world.
A Team Approach to Palliative Care

As nurses in the Palliative Care clinic, Judy Fihn, RN, CHPN, OCN, and Jodie David, RN, CCRC, support patients and families as they face a serious illness. The scope of their work is broad and often starts with helping patients understand the role of Palliative Care, which can include emotional support, helping with care planning, providing education, giving recommendations on symptom management, and coordinating with inpatient and outpatient care teams. “We’re really part of their oncology care team,” Fihn said.

SCCA’s Palliative Care program started in 2006 under the direction of the Director of Supportive Care Services, with one part-time nurse practitioner and program coordinator, and has since grown to include a Medical Director and multiple nurse practitioners, in addition to Fihn and David.

As Palliative Care nurses, Fihn and David see patients with different types of cancer, which requires them to understand all of the treatment options patients may be considering. Since patients travel to SCCA from throughout the region, they may also refer patients and families to resources closer to home.

Fihn and David also act as resources for nurses from throughout the clinic. Fihn has taught part of the End of Life Nursing Education Consortium (ELNEC) course, which includes nurses from throughout the community, and David plans to take on an ELNEC teaching role in the future. Both nurses said they hope to continue to expand their role in providing education about issues related to Palliative Care for other nurses so more patients can benefit.

For both Fihn and David, an interest in Palliative Care-related issues began in their early days in nursing school, and said they consider it a privilege to help patients and families through a difficult time in their lives. David described her role as helping patients maximize living their best life—whatever that means to them.

By asking questions about patients’ fears, hopes, values, beliefs, and sources of strength, the Palliative Care nurses often help patients take a step back from the day-to-day issues related to their treatment to evaluate what’s most important to them. “We want to help people see the view from 30,000 feet,” Fihn said.
“Hopefully this will help open the floodgate for others who want to write and present about their work.”

— Grace Steiner, RN, BSN

SCCA Nurses Lead the Way on Bone Marrow Procedure

SCCA has a historic and continued commitment to nurses practicing at the top of their license, a practice exemplified by SCCA’s nurses who perform bone marrow aspirations and biopsies. These procedures are typically done by physicians or advanced practice providers, but at SCCA they are led by nurses. SCCA nurses provide compassionate, expert capabilities to an important, yet painful, test, which is used to diagnose and evaluate hematologic diseases.

From January 2012 to June 2013, SCCA registered nurses performed 1,975 bone marrow aspiration and biopsy procedures, which resulted in a 98-percent satisfactory quality rate, with no reported incidences of post-procedure complications. Grace Steiner, RN, BSN, (recipient of a 2015 Steinberg Scholarship), and Daravan “Sam” Kao, RN, BSN, OCN, presented these findings in a podium presentation at the Oncology Nursing Society (ONS) 40th Annual Congress on April 25, 2015.

SCCA was the first institution to publish information on nurses performing the procedure and, for both Steiner and Kao, participating in ONS was their first time presenting at a national conference. They said they were excited to present what nurses at SCCA are capable of doing and the great results attributed to nurses performing the procedure. In the process, they realized they could inspire nurses from across the country to learn from what’s happening at SCCA.

Steiner and Kao said they hope to continue to gather data on patient satisfaction in order to have more formal quality data related to bone marrow aspirations and biopsies. They would also like to see more SCCA nurses give presentations on the exceptional work taking place throughout the organization. “Hopefully this will help open the floodgate for others who want to write and present about their work,” Steiner said.
Nurses as Teachers: Helping Train the Next Generation of Nurses

The 2014–2015 academic year was the fourth year in a clinical collaboration between SCCA and the Seattle University College of Nursing. A dedicated educational unit in the Transplant Clinic and Infusion Suite brings in groups of five to eight students, who spend 16 hours a week for four weeks in each unit. After their observation, students can apply to become SCCA resident nurses, a nine- to 12-month program.

While student nurses do clinical rotations at a variety of hospitals and clinics, Arlyce Coumar, RN, OCN, one of the preceptors of SCCA’s program, notes that one of the differentiating aspects of SCCA’s rotation is that students are assigned to a preceptor for three to four weeks, allowing them to form a relationship and build trust. “We have a blast,” Coumar said.

SCCA’s program is an innovative way to give nursing students experience in the increasingly technical, complex field of nursing. Unlike nursing student programs at other sites, SCCA nurses do the teaching and content delivery, giving students a unique perspective on the complex care of oncology patients.

Coumar described the program as a mentorship, rather than an orientation, and said the program keeps her learning, too. “Nurses are problem solvers, and outpatient oncology is an excellent place to teach,” she said.

Sixteen students a year come through the program and only two per year get to do their senior experience at SCCA. Everyone who’s gone on to the capstone project has become a resident, and multiple residents have become SCCA employees. Last year, nursing residents went from being nervous at the beginning of the program to helping SCCA nurses learn CPOE.

“The clinical preceptors were very open to sharing their knowledge and encouraged my thought and hands-on participation,” one student wrote following the experience. “The preceptors’ attitudes and willingness to teach was incredibly valuable to me and really facilitated my learning.”

SCCA RESIDENT MENTORS
Arlyce Coumar, RN, OCN
Maggie Fisher, RN, OCN
Pamela Pearson, RN
Tia Pelley, RN, OCN
Jessica Prince, RN
Julianne Pugh, RN, OCN

SCCA NURSE PRECEPTORS
Ian Anderson, RN
Jennifer Barrett, RN
Tania Buivydas, RN, CPON
Anne Buzy-Hummel, RN
Monica Cays, RN, OCN
Denae Davis, RN, OCN, BMTCN
Dawn De Koster, RN
Annette English, RN, OCN
Lisa Engman, RN
Diane Heye, RN, OCN
Dorothy Ghaly, RN
Pat Groff, RN, OCN
Karen Haeck, RN
Shima Hayes, RN
Donna Kern, RN, OCN
Cindy Klein, RN
Donna Kovich, RN, OCN
Georgann Lennon, RN
Teri Lewan, RN, OCN
Heesook Lim, RN, OCN
Molly McElroy, RN
Rachel Nofziger, RN
Sharon Rockwell, RN, OCN
Jackie Saxon, RN
Christy Scholtes, RN, OCN
Debby Schwab, RN
Peggy Stufflebeam, RN
Kelly Swain, RN
Gemma Tamayo, RN

Kari Ann Kastle, RN, with Seattle University College of Nursing Dean
Kristen Swanson, RN, PhD
Exceptional nursing care drives the organization’s KNOWLEDGE, INNOVATIONS AND IMPROVEMENTS. SCCA nurses integrate EVIDENCE-BASED PRACTICE and research into clinical and operational processes.

Enabled to appropriately explore the safest and best practices for their patients, nurses aim to provide the best possible PATIENT OUTCOMES.
In February 2015, SCCA went live with Computerized Provider Order Entry (CPOE), which allows clinical staff to enter and manage orders in patients’ Electronic Medical Records. This major organization-wide initiative aimed to improve efficiency and safety. SCCA nurses have provided key support throughout the planning, implementation, and continued improvements of CPOE, which was one of the biggest initiatives in SCCA’s history.

Danae Kaemingk, RN, is a Clinical Information Systems Analyst at SCCA, and her combination of clinical and technical experience gave her a unique perspective on CPOE. Prior to CPOE go-live at the SCCA outpatient clinic, Kaemingk helped implement the system at the University of Washington’s inpatient unit. She said unique challenges at SCCA such as chemotherapy orders and research made CPOE planning more complex. And, nurses from throughout the clinic were engaged in the process, providing important information on how it would impact care throughout the entire patient experience.

“The nurses are really the piece that ties it all together,” Kaemingk said.

Prior to CPOE go-live, a work group that included more than 25 nurses from all areas of SCCA helped with creating job aids, building orders, and establishing best practices. As CPOE super users from the Transplant Clinic, Professional Practice Coordinators Suni Elgar, RN, OCN, and Diane Heye, RN, OCN, helped map out the processes transplant patients may go through as part of their care, trained staff prior to go-live, answered questions, and continue to participate in work to improve and streamline the system.

The work prior to CPOE go-live was expansive and impacted nearly every role at SCCA. Terri Cunningham, RN, MSN, AOCN, said the interdisciplinary nature of the teams that prepared for CPOE was critical, and was an opportunity to build the system together. More than 180 workflow sessions took place, and Cunningham said these were an important opportunity for clinic nurses to discuss and standardize aspects of their workflow. In addition, she said CPOE set the stage for collaboration among nurses from throughout the organization. For example, an ongoing workgroup of Clinical Nurse Coordinators continues to troubleshoot CPOE-related issues, but also to discuss other problems or ideas that affect all SCCA nurses.

From the workflow sessions, 689 PowerPlans were built, 1,144 job aids were created, and more than 700 staff members went through training in a practice lab. Phuong Huynh, RN, is a Professional Practice Coordinator in the Women’s Health Center/Specialty Oncology Clinic and led many of the training sessions for SCCA nurses. Despite the challenges of adapting to a new system, Huynh said she was impressed by how her fellow nurses took ownership of what they needed to learn, supported their teams, and ensured that the process remained patient-centered. “It was a huge team effort, and we worked collaboratively,” she said.
All of the nurses at SCCA dedicated time and expertise to the launch of CPOE. SCCA’s nursing super users, who took a leadership role in preparing for CPOE go-live, included:

Amy Alering, RN, Women’s Health Center
Karen Baker, RN, OCN, General Oncology and Hematology
Vanessa Baker, RN, Transplant Clinic
Melanie Blount, RN, Sarcoma Clinic
Erin Bussard, RN, OCN, General Oncology and Hematology
Kate Cioffi, RN, General Oncology and Hematology
Denae Davis, RN, OCN, BMTCN, Transplant Clinic
Dawn De Koster, RN, Pediatric Transplant
Annette DiJulio, RN, Women’s Health Center
Seth Eisenberg, RN, OCN, Infusion Services
Suni Elgar, RN, OCN, Pediatric Transplant
Jenny Hagen, RN, Transplant Clinic
McKenzie Hawley, RN, Infusion Services
Keri Hadley, RN, Women’s Health Center
Nicole Hilderman, RN, Medical Imaging Observation
Diane Heye, RN, OCN, Transplant Clinic
Phuong Huynh, RN, Women’s Health Center
Phil Joyner, RN, Apheresis
Daravan (Sam) Kao, RN, OCN, Procedure Suite
Allison Leahy, RN, OCN, General Oncology and Hematology
Sherry Littlefield, RN, Apheresis
Mylene Macabeo, RN, Apheresis
Molly McElroy, RN, Transplant Clinic
Michelle Mitchell, RN, Infusion Services
Olivia Mullen, RN, General Oncology and Hematology
Liza Pamintuan, RN, Apheresis
Tia Pelley, RN, OCN, Infusion Services
Anne Reese, RN, OCN, Women’s Health Center
Jon Smith, RN, Women’s Health Center
Holly Tomashek, RN, Women’s Health Center
Phuong Tran, RN, OCN, Infusion Services
Nursing Research: Breast Cancer Surveillance Study

When breast cancer patients complete their treatment, the process and recommendations for ongoing maintenance may be unclear. There is no current standard process for counseling patients on the need for yearly MRIs, CT scans, or tumor marker tests. Lois Williams, RN, MN, OCN, the SCCA Women’s Health Center nurse manager, said these tests are highly stressful for many patients and may result in false positives or overtreatment. A new nurse-led, education-based study taking place at SCCA aims to reduce unnecessary surveillance for breast cancer survivors.

SCCA’s breast oncology nurses are preparing to start the research study in June 2015 to test an educational intervention for breast cancer patients at the end of their treatment. The study was developed by the Hutchinson Institute for Cancer Outcomes Research (HICOR), and will be implemented by SCCA’s nurses. The intervention includes a video of SCCA’s breast medical oncologists discussing what patients and their families should know about post-treatment surveillance.

Nurses will take the lead on the consent process, teaching, showing the video, answering questions, and facilitating the study’s baseline and 12-18 month questionnaires. Williams said the nurses are excited about the opportunity to be involved in the study, and have been preparing for its launch by working on how to add the teaching session to their current workflow. The study will conclude in May 2016 and, based on its results, could become part of the team’s standard practice. Researchers may also look at similar interventions for other cancers in the future, Williams said.

Active Institutional Protocols for Nursing Research

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<td>2334</td>
<td>Oral Chemotherapy Protocol</td>
<td>Kathleen Shannon Dorcy, RN, PhD</td>
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Northwest Hospital Nurses Continuously Improve the Patient Experience

The SCCA Medical Oncology Clinic at Northwest Hospital was designed and built using Continuous Performance Improvement (CPI) principles, with the goal of creating a patient-centered clinic experience. Linda Ross, RN, joined the team at Northwest Hospital in November 2014 after working in SCCA’s Infusion Clinic, and said she quickly adjusted to the CPI-based model of care. “I instantly loved the proximity of the providers and the feeling of holistic care being provided to the patient,” Ross said. “It was an adjustment, but it was a welcome one.”

In December 2014, as they tracked the duration of patient visits, the nursing team found that patients whose appointments ran late were often waiting on same-day lab results. The clinic’s model was designed for patients to have labs drawn the day before their chemotherapy appointment, but data showed that 31 percent of patients were scheduled with same-day labs. This was adding 45 minutes to patients’ appointments while they waited for lab results, leading to delays for patients scheduled later in the day and additional work for the pharmacy staff, who had to wait until patients arrived to prepare their chemotherapy.

Over time, Ross and her colleagues found three main reasons for the same-day lab appointments: the clinic’s holiday schedule, patients hoping to minimize the number of times their port needed to be accessed because of their fear of needles, and transportation issues related to coming to the clinic on two consecutive days. The team implemented countermeasures, including having patients go to the SCCA Clinic at South Lake Union for lab draws on holidays, leaving patients’ ports accessed overnight to minimize the number of needle sticks needed, and scheduling provider visits with the lab draw to balance the appointments over the course of the two days. As a result, same-day lab draws have gone from 31 percent of appointments to 12 percent of appointments, and all patients are experiencing fewer delays. “Our wait times have decreased, and patients have noticed a shift,” Ross said.

The project to reduce the number of same-day lab draws is just one example of the improvement work taking place at Northwest Hospital. Ross said the team has a dynamic idea board where they write ideas, make suggestions for improvements, and undertake quick problem-solving projects. Ross said the team recently collected data and found that it was taking longer than expected to review medication with patients. Now, the medication list is printed when patients check in, allowing them to review the list in the lobby, and resulting in a reduction in the average amount of time for medication reconciliation from five minutes to one minute. Ross said the Northwest Hospital team is what makes the clinic work, and the nursing staff and doctors have supported each other in continually examining and improving their processes in order to make the patient experience better.
Michelle Mitchell, RN, BSN
and Arlyce Coumar RN, OCN

Kelsey Hirsch, BSN RN

Christi Durden, RN

Anthony Peyla, BSN, RN
Today’s nursing leaders are transforming SCCA’s values, beliefs and behaviors. Through TRANSFORMATIONAL LEADERSHIP, nurses demonstrate ADVOCACY and SUPPORT on behalf of staff and patients.

The nursing force is able to influence, and has clinical knowledge and expertise relating to the profession of nursing and its CONSTANT IMPROVEMENT.
SCCA Nurse Joins International MDS Foundation Leadership Board

Barbara Rodgers, RN, BSN, OCN, is a Clinical Nurse Coordinator at SCCA and serves on the Nurse Leadership Board of the International Myelodysplastic Syndromes (MDS) Foundation. The foundation was established to provide an ongoing exchange of information related to MDS and provides educational support to physicians, nurses, pharmacists, and patients.

Rodgers was in Washington, DC April 29–May 2, 2015 for the foundation’s 13th International Symposium on MDS. At the symposium, she had the chance to build relationships with MDS nurses from all over the world, including the United Kingdom, Japan, and Germany. Despite their geographic differences, Rodgers said she found that they all share the same concerns, including ensuring patients have access to care and giving them the tools to be educated and empowered during their treatment. Rodgers is co-chair of the Nurse Leadership Board’s Patient Education Group, which is working on putting together a list of common MDS terms, creating a presentation for patient forums, and endorsing a book for patients and caregivers on living with MDS.

Participating in the Nurse Leadership Board has allowed Rodgers to deepen her expertise on MDS nursing, and she said it has also given her more confidence when discussing the disease. She is proud to represent SCCA on the Board and excited to share new knowledge with the organization. “By doing things like being on the Board and Committee, you start to become the nurse expert on the disease,” she said.

Rodgers primarily sees patients with MDS and Myeloproliferative Neoplasms (MPN) at SCCA, and said the best part of her job is getting to build relationships with her patients. When she meets new patients, she tells them that they just met their new best friend, and she enjoys being a resource and their main point of contact throughout their treatment. “Patients always bring more to your life than you could give them,” Rodgers said.

“By doing things like being on the Board and Committee, you start to become the nurse expert on the disease.”

— Barbara Rodgers, RN, BSN, OCN

2014–15 NURSING ANNUAL REPORT
Puget Sound Oncology Nursing Society Leadership

SCCA nurses provide leadership in professional nursing organizations, including the Puget Sound Chapter of the Oncology Nursing Society (PSONS), which is committed to advancing oncology nursing practice in the region through education, communication, and research.

Recent PSONS Board members from SCCA have included:

• 2014 President and 2015 Immediate Past President: Lenise Taylor, RN, MN, OCN, BMTCN, Clinical Nurse Specialist, Hematologic Malignancies and Bone Marrow Transplant

• 2014 President-Elect and 2015 President: Sandra Olson, RN, OCN, Nurse Manager, Inpatient Oncology Unit

• 2015 President-Elect: Bob Chapman, RN, MN, CCRN, Nurse Manager, Procedure Suite/Observation

• 2014–2015 Membership Committee: Sandra Olson, RN, OCN

• 2014–2015 Education Committee: Ann Breen, RN, MN, OCN, Transition Nurse Supervisor

• 2014–2015 Research Committee: Kathleen Shannon Dorcy, RN, PhD, Director of Clinical/Nursing Research, Education, and Practice

• 2014–2015 Oncology Nursing Education Cooperative Committee: Lenise Taylor, RN, MN, OCN, BMTCN

• 2014 Communications Committee: Bob Chapman, RN, MN, CCRN

The 37th Annual PSONS Symposium, “Leading the Transformation of Cancer Care,” took place March 6–7, 2015. SCCA nurses who helped organize the two-day educational event as part of the PSONS Symposium Planning Committee included:

• Monica Cays, RN, OCN
• Judy Fihn, RN, CHPN, OCN
• Kathy Ringo, RN, BSN, OCN
2015-2018 Nursing Strategic Plan
SCCA nurses gathered in November 2014 to reflect on current state and envision the future state of oncology clinical care. Together the nurses representing the entirety of the SCCA initiated an outline for success, “The Nursing Strategic Plan 2015-2018.” This Strategic Plan serves as a point of reference and direction for the compassionate achievement of improvements in patient outcomes, quality indicators, clinical practice, research, and education.

Quarterly Town Halls
Angelique Richard RN, PhD, CNE convened the first Nursing Town Hall meeting March 3, 2015. These quarterly meetings are a forum for SCCA nurses to be apprised of the State of Nursing and SCCA, have opportunities to network across specialties, share ideas, recognize achievements and celebrate nursing excellence.

National Conferences
SCHOLARSHIPS AWARDED FOR NATIONAL CONFERENCES
SCCA nurses are committed to expert oncology professional practice and they participate in a variety of National Conferences where state of the art care, best practices, and scientific innovations are disseminated. Attendance at these meetings allows SCCA nurses to present as well as to participate as learners in the latest standards and new findings in oncology nursing. The SCCA 2015 awardees for National Conferences included:

- Patricia Groff, RN, OCN, Transplant Clinic
- Kathleen Tilton, RN, OCN, Women’s Health Center
- Daravan (Sam) Kao, RN, OCN, Procedure Suite
- Sherry Littlefield, RN, Apheresis
- Sharon Rockwell, RN, OCN, Infusion Services

Patricia Groff, RN, OCN
ANCC MAGNET CONFERENCE IN DALLAS

Magnet designation is the American Nurses Credentialing Center’s (ANCC) gold standard for excellence in nursing practice. There are 414 (7%) designated Magnet hospital across the world, with the University of Washington Medical Center holding the distinction of being the first Magnet hospital. In October 2014 10 SCCA nurses attended the ANCC National Magnet Conference in Dallas, Texas. More than 7,000 nursing professionals from 20 countries attended the event to share best nursing practices worldwide. The SCCA team returned energized, inspired and committed to pursue the Magnet Designation.

2014 ANCC Magnet Conference Attendees from SCCA included:

- **Kristin Bafus**, RN, OCN, Evergreen Infusion Services
- **Robert Chapman**, RN, MN, CCRN, Nurse Manager, Procedure Suite/Observation
- **Terri Cunningham**, RN, MSN, AOCN, Nursing Education
- **Denae Davis**, RN, OCN, BMTCN, Transplant Clinic
- **Seth Eisenberg**, RN, OCN, Infusion Services
- **Timothy Ehling**, RN, MN, Interim Director, Ambulatory Clinics
- **Catherine Kintu**, RN, OCN, CNC, Women’s Health Center
- **Janice Lloyd**, RN, MSN, OCN, Nurse Manager, Hematology
- **Angelique Richard**, RN, PhD, Chief Nurse Executive
- **Cheryl Wyman**, RN, MSN, Director of Diagnostic and Therapeutic Services

Apheresis Unit nurses presented a poster of their abstract on the use of a Heparin/ACD-A anticoagulant solution at the annual American Society for Apheresis Conference, which took place in San Antonio, Texas, May 6–9, 2015. The abstract was also published in a special edition of the Journal of Clinical Apheresis.

The team included (from left), Michael Linenberger, MD, FACP; Lindsay Palomino, BSN, RN, HP; Elizabeth Barnett, BA, RN, HP; Laura Connelly-Smith, MBBCh, DM; and Emily Johnson (not pictured).
Investing in the next generation of nursing leaders, three scholarships are advancing knowledge and the nursing practice.

**Future of Oncology Nursing Scholarship**

In May 2015, SCCA awarded three local nursing students with the inaugural Future of Oncology Nursing Scholarship. The new scholarship program is intended to mentor young nurses and inspire students to pursue a career in oncology nursing. The 2015 winners were Stephanie Stoll from Seattle University, Corinne Valencia from Seattle Pacific University, and Lyndsey Kellar from the University of Washington.

**Peggy Means Award**

The Peggy Means Award celebrates and honors Peggy Means’ 16-year legacy as a Fred Hutch leader and mentor. The purpose of the fund is to support and accelerate leadership potential. SCCA added its own selection process and funding, making leadership development opportunities possible for scientific and administrative SCCA employees. Sharol Bohl, RN, a Nurse Manager in the Infusion Center, was the 2014 recipient of the Peggy Means Award.

**Harold and John Steinberg Memorial Nursing Scholarship Fund**

The Harold and John Steinberg Memorial Nursing Scholarship Fund provides an opportunity for the leadership teams within SCCA, University of Washington Medical Center, and Seattle Children’s to recognize the dedication and expertise of their extraordinary nurses. These awards allow individuals to expand their skills and develop as leaders through education and academic achievement. Each scholarship recipient receives $2,000 toward a nursing-focused oncology conference or tuition. The scholarship supports the crucial role nurses play in the innovative research and treatment of our patients.

**Recipients of the 2015 Harold and John Steinberg Memorial Nursing Scholarship Funds were:**

- Seattle Cancer Care Alliance
  - Nicole Hilderman, RN
  - Grace Steiner, RN
  - Pamela Pearson, RN

- University of Washington Medical Center
  - Rachel DeWitt, RN
  - Rachael Cherryhomes, RN
  - Hillary Carroll, RN

- Seattle Children’s Hospital
  - Lalania Olsby, RN
  - Beth Vander Pol, RN
  - Laura Nelson, RN
Honor and Award Recipients

ROSEMARY FORD, RN, BSN
Rosemary Ford received the American Society for Blood and Marrow Transplantation (ASBMT) 2015 Lifetime Achievement Award in February for her 37 years of service and contributions to advancing bone marrow transplantation nursing. She began her career as a staff nurse at Fred Hutch in 1978, and has made tremendous contributions to clinical care, professional practice, improving outcomes, and standardizing patient care. BMT centers across the country often contact Ford and her team for advice on implementing state-of-the-art BMT patient care. She is an example of exceptional nursing and mentoring, and SCCA is fortunate to have been the beneficiary of her lifelong dedication.

ROBERT CHAPMAN RN, MN, CCRN
Bob Chapman, a veteran in critical care and oncology nursing, is an SCCA Nurse Manager in the Procedure Suite, Medical Imaging Observation, Medical Imaging Scheduling, and Medical Imaging Research. He has also served as the 2014 Puget Sound Oncology Nursing Society Newsletter (PSONS) Editor. During his editorial leadership, the newsletter received a national Certificate of Recognition for excellence in chapter communications in print and published product.

PAMELA DAVIES, MS, ARNP, ACHPN
Pamela Davies, MS, ARNP, ACHPN was selected as the 2015 UW School of Nursing Distinguished Practice Professional for her contributions to advancing nursing practice. As a provider in SCCA’s Supportive and Palliative Care Clinic, Davies provides patients with in-depth symptom management and support, and has authored a guide to clinical cancer pain management.

SEATTLE MET MAGAZINE’S HERO NURSES
Seattle Met Magazine recognized two SCCA nurses in its February 2015 issue on “Hero Nurses.” The article, “Rescue on a Boat,” featured SCCA nurses Anne Braddock, RN, and Sharon Rockwell, RN. While traveling on a Washington State ferry in 2014, Braddock and Rockwell resuscitated a fellow passenger who was having a heart attack. “This is as real as it gets,” Braddock said. Neither nurse understood why all the fuss was made about them. To Rockwell, “It’s all in a day’s work.”
Nurses Week 2015

SCCA celebrated our outstanding nurses with a variety of events during National Nurses Week May 6–12, 2015, including our inaugural Nursing Grand Rounds and the presentation of SCCA’s first DAISY Award.

INAUGURAL NURSING GRAND ROUNDS
The week began with SCCA’s first Nursing Grand Rounds, featuring speaker Judith Paice, RN, PhD. Paice gave a presentation titled “Cancer Pain: Evolution or Revolution” to a full auditorium of SCCA nurses. The presentation on pain management included questions and discussion with our nurses.

DAISY AWARD
The DAISY Award for Extraordinary Nurses was created in 1999 by the family of J. Patrick Barnes, who died at age 33 of complications from Idiopathic Thrombocytopenic Purpura (ITP). Patrick was treated at SCCA, and his family created The DAISY Foundation to recognize the skillful and compassionate care Patrick received from his nurses during his eight-week hospitalization. The DAISY Award was started to recognize the extraordinary care provided by SCCA nurses, and is now given in more than 1,900 health care facilities across the country.

During Nurses Week in May 2015, SCCA honored its first ever DAISY Award recipient, Dawn De Koster, BSN, RN, who works in the Transplant Clinic. De Koster was nominated by fellow nurses, who recognized her hard work, compassion, mentoring skills, and willingness to go above and beyond for her patients. She was also nominated by one of her pediatric patients, who wrote about her humor and positive attitude.

The ceremony was attended by Melissa Barnes, Vice President of the DAISY Foundation and sister-in-law of Patrick Barnes, and Cindy Angiulo, MSN, RNC, a current DAISY Foundation Board Member and the Associate Administrator of Patient Care Services at the University of Washington Medical Center.
Certified Nurses Day celebration, March 19, 2015
SCCA Certified Nurses

On March 19, 2015, SCCA celebrated our nurses who have a national board certification in their specialty at our Eighth Annual National Certified Nurses recognition celebration, where Judy Fihn, RN, CHPN, OCN, shared her professional journey and certification in Palliative Care. SCCA has 119 nurses who have successfully achieved board certification, representing 40 percent of the SCCA nursing community and placing us in the 72nd percentile nationally.

SCCA CERTIFIED NURSES

Victoria Amato, RN, OCN
Karen Anderson, RN, MN, OCN, BMTCN
Patricia Anderson, RN, OCN
Kristin Bafus, RN, OCN
Karen Baker, RN, OCN
Suzanne Beauchene, RN, OCN
Stacie Birk, RN, OCN
Jennifer Brackensick Grant, RN, MN, OCN
Ann Breen, RN, MN, OCN
Tanya Buivydas, RN, CPON
Erin Bussard, RN, OCN
Monica Cays, RN, OCN
Lorraine Chambers, RN, CHPN, OCN
Robert Chapman, RN, MN, CCRN
Deborah Chielens, RN, OCN
Cheri Constantino-Shor, RN, MSN, CRNI
Arlyce Coumar, RN, OCN
Amy Cox, RN, OCN
Barbara Crist, RN, OCN
Teresa Cunningham, RN, MSN, AOCN
Denae Davis, RN, OCN, BMTCN
Anna Marie DeVito, RN, OCN
Suzanne Ditter, RN, OCN
Seth Eisenberg, RN, OCN
Sunie Elgar, RN, OCN
Annette English, RN, OCN
Kimberly Eshaia, RN, OCN
Beatrice Franco, RN, OCN
Judith Fihn, RN, CHPN, OCN
Maggie Fisher, RN, OCN

Jerra Fjelstad, RN, OCN
Eileen Galvin, RN, OCN
Kathryn George, RN, DNP, BMTCN
Sydne Gomez, RN, OCN
Susan Gordon, RN, OCN
Anette Grabski, RN, OCN
Patricia Groff, RN, OCN
Elaine Hagan, RN, OCN
Erika Hanson, RN, OCN
Susan Hanson, RN, OCN
Jane Hembree, RN, ONS
Amy Heissenbuttel, RN, BMTCN
Diane Heye, RN, OCN
Kim Hinnebusch, RN, OCN
Gabrielle Hunt, RN, OCN
Jennifer Huswick, RN, APHON, CPHON
Sandra John, RN, OCN
Janine Johnson, RN, OCN
Niki Johnson, RN, OCN
Sherry Joseph, RN, OCN
Eva Jovick, RN, OCN
Chu Jun, RN, OCN
Deborah Kamila, RN, OCN
Daravan (Sam) Kao, RN, OCN
Donna Kern, RN, OCN
Catherine Kintu, RN, OCN
Julie Knight Iwayama, RN, CGRN
Donna Kovich, RN, OCN
Michael Land, RN, OCN
TRANSFORMATIONAL LEADERSHIP

Janet Oishi, RN, OCN

Allison Leahy, RN, OCN
Deborah Leslie, RN, OCN
Teri Lewan, RN, OCN
Heesook Lim, RN, OCN
Edelyn Lizardo, RN, OCN
Janice Lloyd, RN, MSN, OCN
Lisa Loper, RN, OCN
Mary B. Malkiel, RN, MSN, OCN
Trisha Marsolini, RN, OCN
Debra Martin, RN, OCN
Sydne Mead-Smith, RN, OCN
Rabia Muhammedi, RN, OCN
Cynthia Nielsen, RN, OCN
Heather Nolting, RN, OCN
Denise Oien, RN, OCN
Janet Oishi, RN, OCN
Katie Olschwang, RN, CPHON
Mandy Park, RN, CMSRN
Mesha Park, RN, OCN
Tia Pelley, RN, OCN
Denise Plath, RN, OCN
Cheryl Jo Prussia, RN, OCN
Julianne Pugh, RN, OCN
Joanne Quinn, RN, OCN
Anne Reese, RN, OCN
Kathy Ringo, RN, OCN
Rose Rivett, RN, CHPN
Donelle Rizzuto, RN, OCN
Sharon Rockwell, RN, OCN
Barbara Rodgers, RN, OCN
Norbu Sangpo, RN, OCN
Christy Scholtes, RN, OCN
Deanna Sigl, RN, MSN, OCN
Christine Slaughenhoup, RN, OCN
Heather Sloan, RN, OCN
San Kwok So, RN, OCN
Christine Stagner, RN, OCN
Heidi Stecher, RN, OCN
Claudia Stener, RN, OCN
Deborah Swanson, RN, OCN
Richard Taber, RN, OCN
Lenise Taylor, RN, MN, OCN, BMTCN
Stephanie Thrasher, RN, OCN
Kay Tilton, RN, OCN
Phuong Tran, RN, OCN
Aimie Undseth, RN, OCN
Laura Vadman, RN, CWON
Jennifer Wang, RN, OCN
Mikhaila Wickline, RN, MN, BMTCN, AOCN
Lois Williams, RN, MN, OCN
Sui Yeh, RN, BC
Pamela Zenger, RN, CRN