

October Events

MONDAYS		
10/7, 10/14, 10/21	Therapeutic Yoga , Room 6055 A/B, 6th Floor	3:30 - 4:45 pm
10/28	Therapeutic Yoga , Room 3100/2, 3rd Floor (please note updated time and location)	9:30 - 10:45 am
10/7 & 10/21	SCCA Support Group for Young Adults with Cancer (Ages 18-39), Resource Center Library, 3rd Floor	4 - 5:15 pm
10/7	Labyrinth Walk , Rooms 1006/1008, 1st Floor	1:15 - 4 pm
10/21	Labyrinth Walk , Rooms 1006/1008, 1st Floor	12 - 3 pm
TUESDAYS		
	Food Safety Class , Rooms 1006/1008, 1 st Floor	11:30 am - 12:30 pm
	Managing Care at Home (Transplant) , Rooms 1006/1008, 1 st Floor	1 - 2:30 pm
	Crafts and Conversation: Knitting , 1 st Floor Lobby, All supplies provided	1 - 3 pm
	Caregiver 101 , Rooms 6055A/6055B, 6 th Floor	3:30 - 4:30 pm
10/22	Game Night at the SCCA House , SCCA House	6:45 - 8 pm
WEDNESDAYS		
	LTFU Orientation , Rooms 3100/3102, 3rd Floor	1:30 - 3 pm
	Knitting at the SCCA House , SCCA House	6 - 8 pm
10/9	Colorectal Cancer Support Group , SCCA House	7 pm
THURSDAYS		
	Therapeutic Yoga , Room 3100, 3 rd Floor	12:30 - 1:45 pm
10/10	Caring for the Caregiver Series: Financial Stress , Room 1008, 1st Floor	1 - 2 pm
10/10	Craft Night at the SCCA House	6:45 - 8 pm
FRIDAY		

Due to SCCA's regard for our patients and infection prevention, please be aware that classes may be canceled. If you have any questions regarding an event or class, please call the Patient and Family Resource Center at 206-606-2081.