Questions to assist during your treatment journey

Your questions and concerns are important—please express them.
The following questions may assist you during your treatment journey.

At diagnosis:

- What is the exact name of the diagnosis, disease or condition? If this condition has other names, what are they?
- What can I expect to happen as a result of having this condition? How will it affect my work and everyday activities?
- What test/s do I need to have, and what will the test/s tell me?
- How do I prepare for the test/s?
- When and how will I get results from the test/s?

During treatment:

- What treatments do you suggest I have for this diagnosis and/or problem?
- What are the risks or complications of these treatments or procedures?
- How long does this treatment or procedure take? How many treatments will there be?
- When am I scheduled for treatment?
- Can I have a break in my treatment?
- Will I need someone to drive me to and from the hospital when I have this treatment or procedure?
- Will I need a family member or friend to be a caregiver (someone who can help with your care at the hospital or at home)?
- Are there any activities that I need to avoid when undergoing this treatment?
- What happens if I do not take all of my medications?
- Do I need to be aware of any food or over the counter interactions with medications I’m taking?
- What are the expected side effects? Who do I call to discuss coping with side effects?
- When should I call for help?
- How do I get help on the weekends and after-hours?

After treatment:

- When should I have follow-up clinic visits and tests?
- How long will it be before I feel like myself?
- Are there any long-term effects from this treatment? When do I make a survivorship appointment?