

Supportive care services for metastatic breast cancer patients

Treatment involves much more than fighting your disease. Your Seattle Cancer Care Alliance (SCCA) team will help you relieve pain and side effects of treatment, get the best nutrition, improve your strength and balance, and cope emotionally. Please see below for more information about these and other supportive care services.

Clinical Patient Navigation

Patient navigators are culturally sensitive staff who provide emotional support and help with medical transportation and lodging, financial and insurance concerns, and medication co-pays. Patient navigators identify local and national resources to address these needs and provide information and support.

Phone: (206) 606-1076

Clinical Social Work

The stress of dealing with cancer can affect your feelings, thoughts and behaviors. Our social workers are available weekdays to provide emotional, psychological and practical support to you, your family and caregivers. They can also refer you to our psychologists and psychiatrists, as well as identify other SCCA and community resources.

Phone: (206) 606-1002

Housing

SCCA offers housing options for patients and family members from out of town who need short-term lodging during active treatment: Pete Gross House and SCCA House. We have relationships with several local hotels, apartment and condo owners who offer temporary lodging at or below Seattle's market prices. Please visit www.seattlecca.org/housing.cfm or contact our Housing department for additional information.

Phone: (206) 606-7263

Integrative Medicine

Integrative medicine is a field of cancer care that utilizes mind-body practices, natural products, acupuncture, naturopathic medicine and/or lifestyle changes alongside standard cancer treatments.

Our providers' expertise and discipline in these areas will help support your health and wellness goals.

Phone: (206) 606-5500

Interpreter Services

Interpreter Services helps patients, families and caregivers who have limited or no English proficiency and those who are deaf, hard of hearing or visually impaired communicate with their care team. Interpreters are free of charge and available in person or by video or telephone.

Phone: (206) 606-6419

Medical Nutrition Therapy

Our registered dietitians provide personalized medical nutrition therapy, including: nutrition education; nutrition advice for cancer prevention and survivorship; therapeutic diet counseling; management of treatment-related side effects; tube feeding support; safe food handling and preparation; and use of vitamins, minerals and herbal nutrition supplements.

Phone: (206) 606-1148

Pain Clinic

Pain may be caused by your cancer, treatment or an unrelated medical problem. Your care team will help treat your pain with medication or other treatments, such as physical therapy or acupuncture. This may involve a referral to the Pain Clinic, which specializes in managing complex pain related to cancer or treatment.

Patient and Family Assistance

During your treatment at SCCA, funds may be available to help cover basic living expenses if your personal and financial situation meets our financial assistance guidelines. Contact your social worker or patient navigator for an application and guidelines for eligibility.

Phone: (206) 606-1002

Patient and Family Resource Center

The Resource Center on the 3rd floor of the clinic offers computers, notary services, a library, iPad lending program, complimentary wig fittings, calendar of SCCA activities and a community bulletin board with information on lectures, classes, and support groups in Seattle. All services are free of charge.

Phone: (206) 606-2081

Physical Therapy

Physical activity during cancer treatment is important to your mobility, health and quality of life. Our physical therapists provide specialized treatment that may include: teaching you how to exercise properly and safely throughout treatment; how to manage fatigue and edema; balance training; and massage. Your provider must refer you to physical therapy.

Phone: (206) 606-6373

Retail Stores: Shine and The Gift Shop

Shine, located in SCCA House, and The Gift Shop in our South Lake Union clinic carry locally sourced and unique gifts. Shine sells oncology-specific products like breast prostheses and bras, compression garments, nutrition products, sexual intimacy aids and specialty skin care products. Free mastectomy fittings, head shaves, wig trims, and haircuts are also available.

Shine phone: (206) 606-7560

The Gift Shop phone: (206) 606-8270

Spiritual Health

Our Spiritual Health team provides respectful spiritual and emotional care for people of all faiths, including those who are not religious or spiritual. Our trained staff works with you and your loved ones as you face unknowns, losses and struggles. They can guide you as you search, grow, cope and heal. Our sanctuary on the 1st floor is open for contemplation or prayer.

Phone: (206) 606-1099

Supportive and Palliative Care

Palliative care focuses on improving the longevity and quality of your life. Palliative care is recommended for people with advanced cancer or major symptoms at the time of their cancer diagnosis. It is available at any time, however you don't have to stop receiving treatment to be seen by the palliative care team.

Phone: (206) 606-7474

Volunteer Services

SCCA's dedicated volunteers provide practical, emotional and social support for patients and caregivers. Volunteers offer airport transportation and housing tours and host special events. They also staff our Guest Services desk, where you can get information on free local activities and help calling a taxi.

Volunteer Services phone: (206) 606-1075

Guest Services phone: (206) 606-6701

Child Life Services

Using play, expressive activities and age-appropriate conversations, Child Life Services helps children understand and cope with stress when loved ones are sick. Child Life also provides parenting support and helps families improve their own coping skills.

Phone: (206) 606-7621

